



Our residents enjoying the various activities that we plan for them everyday!

# CELEBRATING AROUND CAMPUS



Join us for our first Summer Concert Series Carnival Kids Steel Orchestra on Thursday July 17th at 6:00 PM! It's going to be a great night full of fun music, there will be a food truck at the concerts with refreshments available for purchase!



IN MEMORIAM  
John Kramer  
Terrace Resident



# The GreenFields

## Continuing Care Community

GreenField Terrace

NEWSLETTER

July 2025

## ABOUT OUR CAMPUS

### Freedom Rings in the Dining Room

This July, as we celebrate Independence and the many freedoms we enjoy, we're proud to highlight the Dining Services, a team dedicated to bringing people together through food, tradition, and hospitality. Our kitchens are embracing the season with fresh flavors, classic favorites, and a focus on community.

Behind every meal is careful planning, thoughtful preparation, and a commitment to resident well-being. Summer gatherings are a wonderful time to enjoy grilled favorites and fresh produce, and our team takes extra care to ensure each dish is served with both flavor and food safety in mind. Whether it's keeping ingredients at their ideal temperatures or preparing meals with precision and care, food safety is our top priority.

### So here's a few safety tips for your next outdoor summer cookout:

1. Keep cold foods chilled below 40 degrees and hot foods above 140 degrees
2. Never leave perishable foods out for more than 2 hours or 1 hour in the heat
3. Always clean your grill before and after to avoid flare ups and food contamination
4. Always use separate plates and utensils for raw and cooked meats

This month, freedom rings in the form of shared meals, outdoor dining moments, and the joy of seasonal cooking done right. We thank our incredible dining staff for their hard work.

Connor Kelly, Executive Chef  
GreenField Manor & Court

## Health Tips

As we prepare to celebrate Independence Day, we reflect on the freedoms we enjoy and the traditions we have developed. Leading up to the eventful holiday, it is important to remember to enjoy it safely. Beat the heat! Stay hydrated, sit in shaded areas, and be sure to apply sunscreen. While enjoying the beautiful view of the fireworks celebration, be prepared with earplugs or noise-cancelling headphones and remove hearing aids to help protect your hearing. We hope you enjoy a day filled with laughter, memories, and gratitude for the freedoms that we sometimes forget about.

Did you know?  
July 4, 2026, will be the anniversary of our country! 250 years as the United States of America  
LET FREEDOM RING!!!

## CONVERSATION CONNECTIONS

1. Do you have any special stories or memories from your Wedding day?
2. What do you like to do for fun?
3. You have a lovely smile. What makes you smile the most?
4. What was your first job, and what did you enjoy about it?





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div><div>Key Places: DR- Dining Room LR- Living Room CY- Courtyard</div><div>Care Partner lead activities (CP)</div></div><div><div>July</div><div>2025</div></div></div>		8:00 - Breakfast /DR/CP 1 9:00 - Daily Chronicles /DR /CP  10:30- Zumba Class in C House /LR 12:00 – Dinner /DR/CP 1:30- Visit from the Day Care /CY 3:30-Table Talk /DR/CP 5:00 - Supper /DR/CP 6:30 – Bingo /DR/CP  Canada Day	8:00 - Breakfast /DR/CP 2 9:00 - Daily Chronicles /DR /CP 10:30- Sit & Get Fit CD with Staff /LR 12:00 – Dinner /DR/CP 1:30- Fourth of July Craft /CP/DR 3:30- Cranium Crunches /DR/CP 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP	8:00 - Breakfast /DR/CP 3 9:00 - Daily Chronicles /DR /CP 10:30- Sit & Get Fit CD with Staff /LR 12:00 – Dinner /DR/CP 1:30- Music with the Hastings Duo in C House /LR/CP 3:30- Pondering Prompts /CP/DR 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP	8:00 - Breakfast /DR/CP 4 9:00 - Daily Chronicles /DR /CP 10:30- Sit & Get Fit CD with Staff /LR 12:00 – Fourth of July Picnic 2:00- Social Hour /CP/DR 3:30- Fourth of July Crossword /CP/DR 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP  Independence Day (U.S.)	8:00 - Breakfast /DR/CP 5 9:00 - Daily Chronicles /DR /CP 10:30- Chair Yoga DVD /LR/CP 12:00 – Dinner /DR/CP 1:30- Bingo /DR/CP 3:30- Coffee Klatch /CR/CP 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP
8:00 - Breakfast /DR/CP 6 9:00 - Daily Chronicles /DR /CP 10:30- Chair Yoga DVD /LR/CP 11:00- Catholic Mass on Ch 2 /LR/CP 12:00 – Dinner /DR/CP 1:30- Bingo /DR/CP 3:30- Sip & Chat /DR/CP 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP	8:00 - Breakfast /DR/CP 7 9:00 - Daily Chronicles /DR /CP 10:30- Sit & Get Fit CD with Staff /LR 12:00 – Dinner /DR/CP 1:30- Manicures & Music /DR/CP 3:30- "Searching" For July /DR/CP 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP	8:00 - Breakfast /DR/CP 8 9:00 - Daily Chronicles /DR /CP  10:30- Zumba Class in D House /LR 12:00 – Dinner /DR/CP 1:30- Mocktail Hour /DR/CP 3:30-Table Talk /DR/CP 5:00 - Supper /DR/CP 6:30 – Bingo /DR/CP	8:00 - Breakfast /DR/CP 9 9:00 - Daily Chronicles /DR /CP 10:30- Sit & Get Fit CD with Staff /LR 12:00 – Dinner /DR/CP 1:30- Music with Tom Bender in D House /LR/CP 3:30- Cranium Crunches /DR/CP 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP	8:00 - Breakfast /DR/CP 10 9:00 - Daily Chronicles /DR /CP 10:30- Sit & Get Fit CD with Staff /LR 12:00 – Dinner /DR/CP 1:30- Slushies & Popcorn on the Courtyard /CP/CY 3:30- Creative Coloring /CP/DR 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP	8:00 - Breakfast /DR/CP 11 9:00 - Daily Chronicles /DR /CP 10:30- Sit & Get Fit CD with Staff /LR 12:00 – Dinner /DR/CP 2:00- Church Service in D House/LR/CP  2:30- Social Hour /DR/CP 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP	8:00 - Breakfast /DR/CP 12 9:00 - Daily Chronicles /DR /CP 10:30- Chair Yoga DVD /LR/CP 12:00 – Dinner /DR/CP 1:30- Bingo /DR/CP 3:30- Coffee Klatch /CR/CP 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP
8:00 - Breakfast /DR/CP 13 9:00 - Daily Chronicles /DR /CP 10:30- Chair Yoga DVD /LR/CP 11:00- Catholic Mass on Ch 2 /LR/CP 12:00 – Dinner /DR/CP 1:30- Bingo /DR/CP 3:30- Sip & Chat /DR/CP 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP	8:00 - Breakfast /DR/CP 14 9:00 - Daily Chronicles /DR /CP 10:30- Sit & Get Fit CD with Staff /LR 12:00 – Dinner /DR/CP 1:30- Manicures & Music /DR/CP 3:30- Test Your June I.Q /DR/CP 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP	8:00 - Breakfast /DR/CP 15 9:00 - Daily Chronicles /DR /CP  10:30- Zumba Class in B House /LR 12:00 – Dinner /DR/CP 1:30- Visit from the Day Care /CY 3:30-Table Talk /DR/CP 5:00 - Supper /DR/CP 6:30 – Bingo /DR/CP	8:00 - Breakfast /DR/CP 16 9:00 - Daily Chronicles /DR /CP 10:30- Sit & Get Fit CD with Staff /LR 12:00 – Dinner /DR/CP 1:30- Music with Mike H in B House /LR/CP 3:30- Cranium Crunches /DR/CP 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP	8:00 - Breakfast /DR/CP 17 9:00 - Daily Chronicles /DR /CP 10:30- Sit & Get Fit CD with Staff /LR 12:00 – Dinner /DR/CP 1:30- Craft Corner /CP/DR 3:30- Pondering Prompts /CP/DR 5:00 - Supper /DR/CP 6:30 – Concert at The Court-Ride with Jess & Judy	8:00 - Breakfast /DR/CP 18 9:00 - Daily Chronicles /DR /CP 10:30- Sit & Get Fit CD with Staff /LR 12:00 – Dinner /DR/CP 2:00- Church Service in D House/LR/CP  2:30- Social Hour /DR/CP 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP	8:00 - Breakfast /DR/CP 19 9:00 - Daily Chronicles /DR /CP 10:30- Chair Yoga DVD /LR/CP 12:00 – Dinner /DR/CP 1:30- Bingo /DR/CP 3:30- Coffee Klatch /CR/CP 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP
8:00 - Breakfast /DR/CP 20 9:00 - Daily Chronicles /DR /CP 10:30- Chair Yoga DVD /LR/CP 11:00- Catholic Mass on Ch 2 /LR/CP 12:00 – Dinner /DR/CP 1:30- Bingo /DR/CP 3:30- Sip & Chat /DR/CP 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP	8:00 - Breakfast /DR/CP 21 9:00 - Daily Chronicles /DR /CP 10:30- Sit & Get Fit CD with Staff /LR 12:00 – Summer Family Picnic with Joe from The Balloon Brothers 3:30- "Searching" for Famous July Birthdays /DR/CP 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP	8:00 - Breakfast /DR/CP 22 9:00 - Daily Chronicles /DR /CP  10:30- Zumba Class in C House /LR 12:00 – Dinner /DR/CP 1:30- Visit from the Day Care /CY 3:30-Table Talk /DR/CP 5:00 - Supper /DR/CP 6:30 – Bingo /DR/CP	8:00 - Breakfast /DR/CP 23 9:00 - Daily Chronicles /DR /CP 10:30- Sit & Get Fit CD with Staff /LR 12:00 – Dinner /DR/CP 1:30- Summer Craft /CP/DR 3:30- Cranium Crunches /DR/CP 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP	8:00 - Breakfast /DR/CP 24 9:00 - Daily Chronicles /DR /CP 10:30- Sit & Get Fit CD with Staff /LR 12:00 – Summer Family Picnic with Joe from The Balloon Brothers 3:30- Creative Coloring /CP/DR 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP	8:00 - Breakfast /DR/CP 25 9:00 - Daily Chronicles /DR /CP 10:30- Sit & Get Fit CD with Staff /LR 12:00 – Dinner /DR/CP 2:00- Church Service in D House/LR/CP  2:30- Social Hour /DR/CP 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP	8:00 - Breakfast /DR/CP 26 9:00 - Daily Chronicles /DR /CP 10:30- Chair Yoga DVD /LR/CP 12:00 – Dinner /DR/CP 1:30- Bingo /DR/CP 3:30- Coffee Klatch /CR/CP 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP
8:00 - Breakfast /DR/CP 27 9:00 - Daily Chronicles /DR /CP 10:30- Chair Yoga DVD /LR/CP 11:00- Catholic Mass on Ch 2 /LR/CP 12:00 – Dinner /DR/CP 1:30- Bingo /DR/CP 3:30- Sip & Chat /DR/CP 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP	8:00 - Breakfast /DR/CP 28 9:00 - Daily Chronicles /DR /CP 10:30- Sit & Get Fit CD with Staff /LR 12:00 – Dinner /DR/CP 1:30- Manicures & Music /DR/CP 3:30- Jungle Bells in July /CP/DR 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP	8:00 - Breakfast /DR/CP 29 9:00 - Daily Chronicles /DR /CP  10:30- Zumba Class in D House /LR 12:00 – Dinner /DR/CP 1:30- Mocktail Hour /DR/CP 3:30-Table Talk /DR/CP 5:00 - Supper /DR/CP 6:30 – Bingo /DR/CP	8:00 - Breakfast /DR/CP 30 9:00 - Daily Chronicles /DR /CP 10:30- Sit & Get Fit CD with Staff /LR 12:00 – Dinner /DR/CP 1:30- Music with David Stockon in C House /LR/CP 3:30- Cranium Crunches /DR/CP 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP	8:00 - Breakfast /DR/CP 31 9:00 - Daily Chronicles /DR /CP 10:30- Sit & Get Fit CD with Staff /LR 12:00 – Dinner /DR/CP 1:30- Slushies & Popcorn on the Courtyard /CP/CY 3:30- Pondering Prompts /CP/DR 5:00 - Supper /DR/CP 6:30 – Movie Night /LR/CP	<div>For Any Questions please contact, Jessica Cornell Activity Director at 716-681-6364</div> <div></div>	