



Some of our residents enjoying the various activities that we plan for them everyday on our campus!

CELEBRATING AROUND CAMPUS



March Birthdays	
William Ching	03/01
John Sheppard	03/01
Norbert Schneider	03/02
Chelsea Golya	03/03
Cynthia Pughakoff	03/04
Dolores Dominiak	03/05
Luis Santos	03/06
Jim Hergenroder	03/07
Yvette Haller	03/07
Sandra Lau	03/11
Connor Kelly	03/16
Pat Parker	03/16
Rose Zalenski	03/18
Tamayah Jones	03/19
Leslie Learman	03/20
Allan McMillan	03/20
Jeffrey D'arcy	03/21
Patricia Hey	03/21
Charles Sorce	03/21
Kayla Peterson	03/21
Jason Sullivan	03/22
Gina Fodero	03/22
Esther Biniszkiewicz	03/23
Ashanti Mathews	03/24
Frederick Geisler	03/26
Barbara Alessi	03/29
Howard Mandell	03/30

Employee Anniversaries	
Ajahnae Williams	1 year
Ihor Rohoz	2 years
Dasia Peterson	7 years
Dmytro Shutka	8 years

IN MEMORIAM

Michael Baerwalt Former Manor Resident
Elizabeth Kent Former Manor Resident
Dorothy Mergi Former Court Resident



The GreenFields

Continuing Care Community

ABOUT OUR CAMPUS

Luck Be a Lady

March is upon us. When I think of March I think about the First Day of Spring and St. Patrick’s Day. When I think about St. Patrick’s Day I think about clovers, green, leprechauns and luck.

Luck Be a Lady implies a wish for good fortune or to behave like a perfect lady. The phrase became popular from the film “Guys and Dolls”. The film itself inferred it was a “Gambler’s Plea” for good fortune or for his luck to stay just as a loyal lady would. Today it is used beyond this context and is used in everyday language. It is said to express hope for good luck or success. Some examples might be that it is said before a job interview or before an important meeting. So, the next time you want to wish someone good luck or good fortune use Luck Be a Lady and see their response.

March is also Social Work month and we are LUCKY to have a team of Social Workers across the campus to help our residents and their families. Their role is vital to the continuity of care across all levels. We appreciate their hard work and dedication to our organization.

Perhaps try your luck with March Madness and college basketball. This will be upon us before we know it. If you love sports and basketball this is the time. Many people will have brackets where they try to see who makes it to the championship game.

St. Patrick’s Day in Buffalo has always been filled with memories of green beer and parades. If luck is on our side, this year it will be sunny and warm. May the luck of the Irish be with you for the month of March.

Tanya Cully
Director of Social Work GHRC

Health Tips

March is here and along with it comes a host of differences in how we feel. This is the time of year when the respiratory viruses come calling; influenza, RSV, pneumonia and Covid. Along with these wonderful respiratory illnesses also comes seasonal depression, low energy and also fatigue, basically the blahs. All of these may sound like bad luck.

Here are some things that can help get rid of some of those blahs and turn that luck around. Get out of the house if you can, go to the store or even to happy hour. See people but maybe wear a mask to protect yourself from others who do not even realize they are sick. I know it’s cold out but consider even standing in the cold and looking at the beauty that surrounds you. Don’t want to go outside? Open those curtains and blinds, crack the window and feel the cold fresh air if only for a few moments. There are days now that the sun is actually coming out! Bask in it. Keep moving even if it is walking in place, swing your arms, put on some happy music and dance around. Movement can help with your low energy and fatigue. Exercise and change of scenery can really help us during this time of year.

May luck be your lady with your health this chilly March.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>   </div> <h1>March 2025</h1>						
9:30 - Bus to Church - L/DR 2 10:00 - Local Lutheran Service on WBBZ Ch. 5* 11:00 - Basilica Mass WGRZ Channel 2* 11:30 - Church service with subtitles WNYB Channel 12	10:00 - Exercise - CA/CG 3 10:30 - Kings/Corner - CA* 10:30 - YMCA - AUD/Staff 11:00 - Arm Chair Travel LR* 2:00 - Goat Therapy - CA/ST 2:00 - Craft - ATR/CG 3:00 - Wii Bowling - LR* 3:00 - Stitchers - AUD*	9:00- Tops Shopping - L/DR 4 10:00 - Exercise - CA/KW 10:30 - Exercise - AUD/CG 10:30 - Hangman - CA/KW 10:30 - Morn Insp - M2F* 11:00 - Banking - L/DR 2:00 - Jeopardy - LR/CG 2:30 - Bible Study - MPR/DT 3:00 - Fat Tuesday Party AUD/ST	10:00 - Court Council CA/CW5 10:30 - Exercise - AUD/KW 11:00 - Shut the Box ATR/CG 1:30 - Nerf Gun Target CA/ST 1:30 - Luteran Service AUD* 3:00 - Music/Manis CA/ST 3:00 - Wii Bowling LR* 3:30 - Catholic Mass - AUD*	9:00 - Aldi/Wegmans L/DR 6 10:00 - Exercise - CA/CG 10:30 - Exercise - AUD/KW 10:30 - Penney Game CA/CG 11:00 - Walmart/Target L/DR 11:00 - Corn Hole - ATR/KW 1:30 - Lutheran Service AUD* 2:30 - Craft - CA/CG	10:00 - Exercise - CA/CG 7 10:30 - Exercise - AUD/KW 10:30 - Chaplain Chat CA/DT 11:00 - Horse Race - ATR/KW 2:00 - Devine Mercy - CR/ST 3:00 - Happy Hour - AUD/ST 3:00 - Wii Bowling - LR* 6:30 - Movie - LR*	10:00 - Exercise - CA/KW 1 10:30 - Exercise - AUD/KW 10:30 - Rosary- LR* 11:00 - Tapple - CA/KW 11:15 - Rosary - AUD* 2:00 - Resident/Family Carnivale - AUD/ST
9:30 - Bus to Church - L/DR 9 10:00 - Local Lutheran Service on WBBZ Ch. 5* 11:00 - Basilica Mass WGRZ Channel 2* 11:30 - Church service with subtitles WNYB Channel 12 Daylight Saving Time Begins	10:00 - Exercise - CA/CG 10 10:30 - Kings/Corner - CA/CG 10:30 - YMCA - AUD/Staff 1:00 - Cooking Demo ATR/CK 3:00 - Craft - ATR/CG 3:00 - Wii Bowling - LR* 3:00 - Stitchers - AUD*	9:00 - Tops Shopping L/DR 11 10:00 - Exercise - CA/CG 10:30 - Exercise - AUD/KW 10:30 - Morn Insp - M2F* 10:30 - UNO Card Game CA/C 2:00 - Jeopardy - LR/CG 2:30 - Bible Study - MPR/DT 7:00 - Entertainment - AUD/ST	10:00 - Exercise - CA/KW 12 10:30 - Exercise - AUD/CG 10:30 - Heads Up - CA/KW 1:30 - Res Assoc Meet AUD/KK 1:30 - Music/Manis - CA/ST 3:00 - Wii Bowling - LR* 3:00 - Hymn Sing a Long CA/DT	9:00 - Aldi/Wegmans L/DR 13 10:00 - Exercise - CA/CG 10:30 - Exercise - AUD/KW 10:30 - Bucket Ball - CA/CG 11:00 - Dash's Shop - L/DR 11:00 - Water/Color - ATR/KW 1:30 - Lutheran Service AUD* 2:00 - Craft - CA/KW 3:30 - Catholic Mass - AUD*	10:00 - Exercise - CA/CG 14 10:30 - Exercise - AUD/KW 10:30 - Coffee Chat - CA/CG 10:30 - Chaplain Chat MPR/DT 2:00 - Art Class Paint ATR/ST 2:00 - Devine Mercy - CR/ST 3:00 - Wii Bowling LR* 6:30 - Movie - LR*	9:00 - Daily Chronicle MPR/KW 15 10:00 - Exercise - CA/KW 10:30 - Exercise - AUD/KW 10:30 - Rosary- LR* 11:00 - Tapple - CA/KW 11:15 - Rosary - AUD* 2:00 - BINGO! - ATR/KW
9:30 - Bus to Church - L/DR 6 10:00 - Local Lutheran Service on WBBZ Ch. 5* 11:00 - Basilica Mass WGRZ Channel 2* 11:30 - Church service with subtitles WNYB Channel 12	10:00 - Exercise - CA/KW 17 10:30 - Kings/Corner -CA/KW 10:30 - YMCA - AUD/Staff 2:00 - Arm Chair Travel - LR* 2:00 - Ice Cream Social with Entertainment - AUD/ST 3:00 - Wii Bowling - LR* 3:00 - Stitchers - AUD* St. Patrick's Day	9:00- Tops Shopping - L/DR 18 10:00 - Exercise - CA/CG 10:30 - Taste Test Tues - CA/CG 10:30 - Morn Insp - M2F* 11:00 - Banking - L/DR 2:00 - Jeopardy - LR/CG 2:30 - Bible Study - MPR/DT 7:00 - Entertainment AUD/ST	10:00 - Exercise - CA/KW 19 10:30 - Exercise - AUD/CG 10:30 - Reminisce CA/KW 11:00 - Heads Up - ATR/CG 2:00 - St. Joseph Table AUD/ST 3:00 - Scavenger Hunt CA/ST 3:00 - Wii Bowling - LR*	9:00 - Aldi/Wegmans L/DR 20 10:00 - Exercise CA/CG 10:30 - Exercise AUD/KW 10:30 - Water/Color - CA/CG 11:00 - Niagara Produce L/DR 11:00 - Connect 4 - ATR/KW 1:30 - Lutheran Service AUD* 2:00 - Craft - CA/KW 3:30 - Catholic Mass - AUD*	9:00 - Breakfast Out L/TR 21 10:00 - Exercise - CA/KW 10:30 - Exercise - AUD/CG 10:30 - Chaplain Chat CA/DT 2:00 - Devine Mercy - CR/ST 2:30 - Trivia - ATR/CG 3:00 - Wii Bowling - LR* 6:30 - Movie - LR*	9:00 - Daily Chronicle MPR/KW 22 10:00 - Exercise - CA/KW 10:30 - Exercise - AUD/KW 10:30 - Rosary- LR* 11:00 - Tapple - ATR/KW 11:15 - Rosary - AUD* 2:00 - BINGO! - ATR/KW
9:30 - Bus to Church - L/DR 23 10:00 - Local Lutheran Service on WBBZ Ch. 5* 11:00 - Basilica Mass WGRZ Channel 2* 11:30 - Church service with subtitles WNYB Channel 12 2:00 - Easy Street Band AUD*	10:00 - Exercise - CA/CG 24 10:30 - Kings/Corner - CA/CG 10:30 - YMCA - AUD/Staff 2:00 - Craft - ATR/CG 2:00 - Arm Chair Travel - LR* 3:00 - Wii Bowling - LR* 3:00 - Stitchers - AUD*	9:00- Tops Shopping - L/DR 25 10:00 - Exercise - CA/CG 10:30 - Exercise - CA/KW 10:30 - Hangman - CA/KW 10:30 - Morn Insp - M2F* 11:00 - Banking - L/DR 2:00 - Speaker Series AUD/ST 2:00 - Jeopardy - LR/CG 2:30 - Bible Study - MPR/D	9:00 - Casino Outing - L/DR 26 10:00 - Exercise - CA/KW 10:30 - Exercise - AUD/CG 10:30 - Wheel/Fortune CA/ST 2:30 - Sing-a-Long - AUD* 2:30 - Music/Manis - CA/ST 3:00 - Wii Bowling - LR*	9:00 - Aldi/Wegmans L/DR 27 10:00 - Exercise CA/KW 10:30 - Dash's Shop - L/DR 10:30 - Exercise AUD/CG 10:30 - Heads UP - CA/KW 11:00 - Water/Color - ATR/CG 1:30 - Lutheran Service AUD* 2:00 - Craft - CA/KW 3:00 - Catholic Mass - AUD*	10:00- Exercise - CA/CG 28 10:30 - Exercise - AUD/CG 11:00 - Lunch Outing - L/TR 2:00 - Devine Mercy - CR/ST 3:00 - Wii Bowling - LR* 3:00 - Greg Kinal Speak AUD/ST 6:30 - Movie - LR*	9:00 - Daily Chronicle MPR/CG 29 10:00 - Exercise - CA/CG 10:30 - Exercise - AUD/CG 10:30 - Rosary- LR* 11:00 - Tapple - CA/CG 11:15 - Rosary - AUD* 2:00 - BINGO! - ATR/CG
9:30 - Bus to Church - L/DR 30 10:00 - Local Lutheran Service on WBBZ Ch. 5* 11:00 - Basilica Mass WGRZ Channel 2* 11:30 - Church service with subtitles WNYB Channel 12	10:00 - Exercise - CA/CG 31 10:30 - Kings/Corner - CA/CG 10:30 - YMCA - AUD/Staff 2:00 - Craft - ATR/CG 2:00 - Arm Chair Travel - LR* 3:00 - Wii Bowling - LR* 3:00 - Stitchers - AUD*	<div>   </div> <div> Key: MPR - Manor Multi Purpose Room CA - Court Creative Arts Room ATR - Manor Atrium CR - Court Conference Room AUD - Manor Auditorium LR - Court Livingroom M2F - Manor 2nd Floor Common Area by the Elevator L - Lobby (Both Manor and Court) </div> <div> TR - Tanya Renkas KW - Kendal Watford CG - Chelsea Golya DR - Driver KK - Kristy Kyler CK - Connor Kelly DT - Chaplain Deb Tyler *Independant Activity CW - Chantal White </div>				

All activities subject to change. Please check with your daily chronicles for any updates or changes